25 March 2013

PRINCIPAL’S REPORT

We are quickly arriving at the end of term and all students are in the middle of end of term assessment. Students have received their assessment calendars and I ask all parents and carers to work with their children to ensure all assessment is completed by the due date. Your interest and encouragement at this time can make a great deal of difference to the attitudes and achievements of your children.

Our first Parents and Citizens meeting this year was also the Annual General Meeting. At this meeting our P and C President for the last 7 years, Allistair Chapman, stood down from his position and Carolyn Ferguson was elected as the new P and C President. I take this opportunity to thank Allistair for his hard work and dedication over these years and thank Carolyn for assuming the role of P and C President this year. The Parents and Citizens Association plays a critical role in the management and improvement of our school and of concern is that no new members were present at our first meeting of the year. I encourage parents and carers to become more active members in our school community and attend our monthly P and C meetings. The meetings are held at the school Administration Block on the fourth Wednesday of every month, beginning at 7pm. The majority of meetings are concluded by 8pm and it is a great way for you to have direct input into improving our school. The next meeting is on this Wednesday, March 27 and a major topic will be how the school is preparing for the arrival of Year 7 students in 2015. I look forward to seeing you there.

As the end of the term approaches I again see a drop in student attendance. I remind parents and carers of the importance of sending children to school on every school day unless there is a reasonable excuse for the student to be away, such as illness. Research shows that students who have a good attendance record are more likely to achieve high results. Going shopping, visiting family, staying up late, being tired or extending school holidays are not acceptable reasons to be away from school. Please visit the Department of Education and Training website for more information:

www.edu.qld.gov.au/everydaycounts

Term 1 school reports will be issued on March 28 and you will receive them after Easter. Please go over these reports with your children, congratulate them for their successes and talk to them about areas for improvement. Our first parent/teacher reporting afternoon will be held on Tuesday, April 23. The interviews will run from 1.30pm until 6pm and teachers will be available throughout this time. School will finish at 1pm and students will be able to go home at this time. Supervision will be provided for students who need to catch later buses. Please take the time to make appointments with teachers as this will ensure that the teachers you wish to speak to will be available to meet with you.

A theme running through this newsletter is the great school spirit exhibited by the vast majority of our students and the positive attitude of our students to their learning. I have noted a significant improvement in these areas this year and I congratulate students, parents and carers for this. I continually remind you that this school is focussed on student learning and success and that our aim is for all students to leave school ready to take up the challenges of post school life. Congratulations to the school community for such a positive start to the school year.

I wish you all a happy and restful Easter break and I look forward to continuing our learning journey next term.

Jim Box
Principal

SENIOR SCHOOL NEWS

On February 15, the Year 12 Student leaders, including captains, house captains and leaders, arts captains and the agriculture captain, enjoyed a day at the Caboolture Showground’s Gamgee Complex where they were involved in a Leadership Skills Workshop run by Peer Power. Students were actively engaged in the leadership activities on the day and learnt a lot about themselves as individuals and as members of the Year 12 student leadership team.

Feedback from Peer Power presenters was very positive including:

“The leaders have grasped the ideas of leadership, now is the challenge of living them out, which I am very confident they will do very well.”

Students were also very happy with what they got out of the day and made the following comments about leadership:

“It is up to us to lead the legacy of 2013 and to get to know our school community more. It not all about power, but equality and getting people involved”

“Today I learnt how to be a better leader. I learnt how to engage myself to talk to the younger grades and keep the conversation going. I also got closer with the other leaders around”.

“I may be my own self, but there are so many others just like me. I feel a lot less alone. There are many different people and they lead differently”.

Thank you to all our students who are and will be involved in the upcoming leadership activities throughout the year.

For more information:

www.caboolture.qld.edu.au
**AN URGENT REMINDER FOR YEAR 12 QCS STUDENTS...**

On Tuesday 26 March, 2013, Year 12 OP eligible students are given the opportunity to take part in a QCS Master Class Workshop, run by Mighty Minds director Steve McCabe.

**First Master Class Details:**

<table>
<thead>
<tr>
<th>Date:</th>
<th>Tuesday 26 March 2013 (Week 9)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time:</td>
<td>3:30pm - 5:30pm (afternoon tea 3:00pm)</td>
</tr>
<tr>
<td>Venue:</td>
<td>School Hall</td>
</tr>
<tr>
<td>Equipment Needed:</td>
<td>QCS Folder, pencil case, calculator</td>
</tr>
<tr>
<td>Cost:</td>
<td>Free!</td>
</tr>
</tbody>
</table>

**Amy Thompson**  
**HOD Senior Schooling**

**YEAR EIGHT NEWS**

Hi everyone!

Wow! What a term the Year Eights have had! There have been so many occasions where the Year Eights have had an excellent opportunity to demonstrate how great they are and they certainly have not disappointed! They are such a wonderful bunch of students and I am truly very lucky to be able to work with them.

Since our last newsletter article, students have been on their Year 8 Camp. Camp was a great success for those who attended. It was three days jam-packed with team building activities and fantastic fun happenings! Students were lucky enough to do canoeing, kayaking, stand-up paddle boarding, beach games and fishing. Some were even lucky enough to catch a fish! I am so proud of our students for their engagement, attitude and participation in the camp – they really were fantastic! Let’s continue this attitude and focus for the year – this is my challenge to you all!

Reports on how well those who stayed at school and engaged with our literacy and numeracy program were fantastic. Students should be commended on their attitude and behaviour during this time. Well done!

This term also sees students being acknowledged for their great citizenship here at Caboolture High. Students are able to be nominated by their teachers when they demonstrate respect towards themselves, each other and the environment. The nominations are then collected and it is decided as to who will receive the Diamond Award for Year Eight. This recognition is a fantastic goal that our students can work towards.

Students are also able to work towards receiving merit stickers, which is yet another way for students in the Year 8 cohort to celebrate success. These merit stickers are given to students to encourage a positive outlook towards class work and learning. Students can be awarded merit stickers for things such as: completing homework really well; excellent, on-task behaviour; offering to help; following classroom routines or any other positive behaviour that teachers think should be recognised. Students collect the stickers in their diaries and then “trade” these in for prizes. When they have 5 stickers, they can choose something from the Lucky Dip Box; when they have 10 stickers, they can get a Tuckshop Voucher and then when they have 15 stickers they can get a voucher to either the movies or for JB Hi-Fi or something similar. These little incentives will help them to want to contribute positively to their learning and hopefully achieve great results by doing so.

2013 has kicked off very well for our Year 8 students. Let’s continue to be the “Diamonds in the sky” that we are at Caboolture High!

**Happy holiday,**  
**Mrs Beaumont**

**MIDDLE SCHOOL NEWS**

**Year 8 Report**

In Week 7, 150 of our Year 8 students boarded a bus – destination - Currimundi Camp. The students were very excited on arrival and were eager to engage in the 3-day long camp program. Our students were able to experience a wide range of activities including body boarding, surfing, fishing, canoeing, kayaking, circus skills, stand up paddle boarding, fancy dress disco and much more. Even though it rained, then stopped, then rained, then stopped over the course of the three days, we
were able to still participate in a full program that our students thoroughly enjoyed!

The students showed respect to all the staff, themselves, their peers and the environment. School staff were impressed with the students’ attitude and behaviour throughout the camp. We also received positive comments about our students from the Currimundi Camp staff. I’m sure that a lot of new friendships have been made, along with memories that will last a lifetime.

**Year 9 Report**

Year 9 NAPLAN testing preparation and practices have already begun. The National test will be held 14/15/16 May, 2013. Students have been participating in focused literacy and numeracy lessons this term targeting essential skills. We have also been running a number of programs in our Access and House Group lessons including a spelling program, homework program and a program called Flexible Minds. Flexible Minds aims to guide students in problem solving and test taking strategies. There has been positive feedback from the students and they feel more confident in their ability to achieve. We will continue to hold our formal practices in the hall under strict testing conditions in the last weeks of Term 1 and the first few weeks of Term 2.

For further test preparation materials to help your child succeed in the NAPLAN test, please refer to the below websites;

- Sample test materials for Literacy and Numeracy are available on the NAPLAN page of the QSA website: http://www.qsa.qld.edu.au/1407.html
- The Literacy page also has resources for the teaching of persuasive writing and has a link to the 2011 Persuasive Writing Marking Guide: www.qsa.qld.edu.au/10524.html
- ACARA is currently developing a full set of sample tests for public viewing. These will replace the currently available tests for 2008 to the current year on the National Assessment Program website: www.nap.edu.au

For further information for parents please refer to the following website;


**Mrs Sarah Brady**
**HOD Middle Schooling**

**SENIOR ASSISTANCE FOR EIGHTS**

This year, 37 students from Year 11 were inducted into the school’s SAFE Leader program. The SAFE acronym stands for Senior Assistance for Eights and the goal of the program is to make the transition from Year 7 to Year 8 a little easier through the support provided by the Year 11 SAFE Leaders. Being recognised as a SAFE Leader means you are a positive role model who displays our school’s values of PRIDE at all times. In short, it is a noteworthy position in our school community.

Congratulations to our 37 SAFE Leaders assigned to Year 8 house-group classes:

<table>
<thead>
<tr>
<th>8B1</th>
<th>Tamara Eru</th>
<th>Dana Pocock</th>
<th>Ian Hall</th>
<th>Rhiana Rabius</th>
</tr>
</thead>
<tbody>
<tr>
<td>8B2</td>
<td>Adam Myers</td>
<td>Victoria Kavanagh</td>
<td>Lavinia Major</td>
<td>Dean West</td>
</tr>
<tr>
<td>8B3</td>
<td>Emma-Jane Williams</td>
<td>Sarah Birt</td>
<td>Ashleigh Marriott</td>
<td>Carl Wolfenden</td>
</tr>
<tr>
<td>8F1</td>
<td>Amanda Gian</td>
<td>Kirra-Leigh Baxter</td>
<td>Alice Cork</td>
<td>Ryan Andrew</td>
</tr>
<tr>
<td>8F2</td>
<td>Maddison Bathurst</td>
<td>Mikayla Wyeth</td>
<td>Tayla Waldron</td>
<td>Connor Wakeling</td>
</tr>
<tr>
<td>8S1</td>
<td>Genevieve Peij</td>
<td>Mitchell Orupold</td>
<td>Sammi Day</td>
<td>Brooke</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Bain-Gehrke</td>
<td></td>
</tr>
<tr>
<td>8S2</td>
<td>Mitchell Pearce</td>
<td>Rachelle Young</td>
<td>Hayley Ashford</td>
<td>Michaela Wedley</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Stephanie Scott</td>
</tr>
<tr>
<td>8M1</td>
<td>Madison Myers-Cave</td>
<td>Alana Webb</td>
<td>Isaac Alves</td>
<td>Kassandra Varney</td>
</tr>
<tr>
<td>8M2</td>
<td>Harmony Findlay</td>
<td>Victoria Rogers</td>
<td>Isabella Warren</td>
<td>Daniel MacMahon</td>
</tr>
</tbody>
</table>

The role of a SAFE Leader is eventful, as students attend house groups, plan and deliver Year 8 Access lessons every Thursday, supervise lunchtime activities and act as a general support. Their first big job for the year was to organise the Year 8 Disco in Week 4 where they were responsible for games, music and prizes.

Last Tuesday, 20 lucky SAFE Leaders attended Year 8 Camp at Currimundi and were involved in outdoor activities ranging from Alpine rescue to kayaking and catapaulting. Later in the evening, they managed games and competitions at the fancy dress disco. As Term 1 and the SAFE Program draws to a close, all 37 leaders are to be congratulated on their positivity and willingness. They have all benefitted from the program and one student was overheard to say on the bus ride home from camp, “I think this is the best job that you can do at high school.”

**Clare Hurrey**
**SAFE Supervisor**
SENIOR SPORT SUMMER SEASON

It has been a great start to the season with our school fielding all sporting teams in the Senior Interschool Competition. Even though the rain has dampened the grounds when given the chance to play, the students are giving it their all. Thank you to all the teachers for coaching the teams. Hopefully, over the next few weeks, the weather will be much nicer and games will continue on a Wednesday afternoon.

Big congratulations to Madison Falcon-Green who has been selected in the Sunshine Coast Regional Softball team to compete in the State Titles at Rockhampton in April. Best luck to Madison.

Lastly, just a reminder, the Uniform shop now has footy/sports shorts for sale if your son or daughters are involved in teams such as Futsal or Touch Football.

Best luck to all sporting teams for the rest of Term 1.

Monica McGlone
Senior Sports Co-ordinator

SOCIAL SCIENCE & BUSINESS WORKING WELL

We have certainly hit the ground running this term. In late February 2013, four Year 12 Legal Studies students represented Caboolture SHS at the Schools Constitutional Convention at Parliament House where they debated with over 130 students from the Greater Brisbane area on the issue of ‘Indigenous Recognition in the Australian Constitution’.

The Year 11 Workplace Practices students will be participating in Structured Work Placement during 2013 and 2014. It is a requirement of the Certificate II in Workplace Practices that students complete 80 hours of Structured Work Placement by the end of Year 12. Caboolture State High School students are required to complete a ‘White Card Course’ before they can participate in Structured Work Placement. Completion of this course prepares students in areas such as Occupational Health & Safety. Our Year 11 students will complete their White Card Courses in early Term 2.

The 2013 ICAS Computer Skills Competition will take place in early Term 2 in schools throughout Australia, New Zealand and the Pacific region and provides an opportunity for students to measure their own achievement in an external assessment situation. It also gives parents helpful information with regard to their child’s performance in computer skills. All students in Years 8, 9 and 10 Information Technology subjects who receive
an A on their Term 1 Progress Report will have their entry in the competition paid for.

Good luck to all students with your exams. Remember, you make your own luck. Luck comes through good study practices, exam preparation and being focussed on your learning.

Dr Glenn Davies
HOD Social Science & Business

CSI

A few weeks ago, Year 11 Science 21 students went to the police museum in Brisbane to experience life as a crime scene investigator. During their visit, they were greeted by the museum clerk who summarised a real life murder that was committed 10 years ago. The students were shown pictures of the crime and evidence and the clerk outlined every aspect involved in solving a case. They then had to solve the fake museum murder of “Karen Cranky”. This involved gathering evidence from the museum crime scene, analysing police and coroner reports and outlining who the offender was and why. During this process, students realised that crime scene investigators aren’t as glamorous as shown on popular TV shows and that it takes some time and hard work to solve real life crimes.

Rhana Ralph
Science Teacher

SCIENCE NEWS

The annual Biology/Science 21 trip to Stradbroke Island saw thirty-eight of our Year 12 students participate in a variety of practical environmental studies late in February. Given the weather lately, we were very lucky to avoid much of the heavier rain, although the only time it did seem to rain on Wednesday, was when we were out in the field doing a study. At least our beach transect on Thursday was dry, although the March Flies also loved the break in the weather. The students now realise how much work goes into a scientific practical task, especially after the data is gathered. I would like to thank the Stradbroke Island Surf Club and Straddie Catering for all their help throughout the camp. I would also like to express my delight with the behaviour of the students on camp; as a group they worked exceptionally well. This message was also passed on to me by the Surf Club members who witnessed our students at work.

As a part of their Forensic Science unit, our Year 11 Science 21 students undertook a trip to Brisbane to visit the Forensic Science museum. Students are fascinated by the displays, especially when they realise that they are based on real crime scenes. Getting the assistance of police staff who work in the field of forensic science greatly assists our students in their knowledge of this topic. Thanks to the staff and students who helped make this an enjoyable and interesting outing.

Early next term will see our annual cheese making take part. Hopefully the new recipe being incorporated this year will see us again perform well at the RNA judging towards the end of term. Something for all of our students to keep in mind are the annual ICAS competitions that are run through the school. These competitions give students an opportunity to test themselves in a different format to that usually used at school. The tests also develop skills that are useful, particularly in NAPLAN and QCS testing. Most of these competitions take place next term, with the science test being held on Wednesday June 5. We will be inviting students to enter this competition early in Term 2.

Wayne Hooper
HOD Science

A JOURNEY TO STANTHORPE

Senior Rural and Agricultural Science students had a great time while visiting various production farms on our way to and while at Stanthorpe. They got a close up view of the devastation caused by repeated flooding while visiting the grain farm of Mr Cooper and the Mayden feedlot, both near Allora. Their next visit, to Harslett’s vegetable production farm on the plateau at Ameins, was of interest to see the planting and harvesting systems used and students got to personally experience the fan forced air cooling system used on crops as these are picked. Next was to Kominos Wines, tasting the fruit juice produced from Semillon grapes prior to fermenting and hearing about the good qualities of wine drinking and poor health responses to drinking spirits. Next to Queensland Wine and Tourism College, students saw the grapes grown here along with modern pressing techniques in process that no longer require the use of sweaty socks but, instead, uses an air bladder in a large drum that squeezes the juice from the grapes. They viewed many apple orchards and also got to visit the farm of Mr And Mrs Smith, who own a fine merino sheep farm that targets production to the Italian suit market with their award winning fleeces. On the way home, they visited University of QLD Gatton and viewed the very high water levels in Wivenhoe and Somerset Dams before arriving back at school.
ON THE FARM

Our farm assistant, Mr Cutter, has gone on leave for the remainder of the year and has been replaced by Ms Whippy. We wish Mr Cutter all the best in his travels and welcome Ms Whippy to our farm.

We are glad to see some fine weather which will give students a greater opportunity to access the farm and finally allow us to do some planting.

Mrs Pedwell
HOD Agriculture/Senior Schooling

THE ARTS NEWS

Senior Art Excursion

Our Year 11 and 12 Art and Visual Arts students toured the Gallery of Modern Art and the Queensland Art Gallery on Friday 15 March. The main attraction was the seventh annual Asia Pacific Triennial exhibition, hosting many artists and art works from the region. From the deserts of Afghanistan to the desolation of Kazakhstan, from the highlands of Papua New Guinea to the outback of Australia, artists highlighted issues of cultural and contemporary concern. This was an inspirational and, at times, breathtaking experience for our students as they engaged in this world class event. Don’t miss the opportunity to visit this and other exhibitions at your local Art Gallery. See the noticeboard in the Performing Arts block to check out what’s on.

Concert Band Update

Congratulations to Shontelle Broom, our 2013 Band Captain. Shontelle leads the Concert Band as they become focussed on rehearsals for the year. The first performance will be at this year’s Anzac Day ceremony, followed by a starring role as the band in Disco Inferno, this year’s school musical. We look forward to hearing the band throughout the year, seeing our students learn and grow in the program with Shontelle’s leadership.

Musical Update

After the announcement of the cast, Disco Inferno rehearsals have commenced. Weekly ensemble dance and vocal rehearsals are on Monday lunchtimes, with acting rehearsals on Tuesday lunchtime for scheduled scenes. The cast have been learning musical numbers such as, ‘I Will Survive’, which are sure to entertain. Term two will see the addition of an after school rehearsal time slot, as well as a few of those legendary all day rehearsals leading up to the big event. Cast and crew will be notified of these times and issued contracts to sign before the end of this term. Dust off those bell bottoms because ‘Disco Inferno’ needs you!

Amy Wood
HOD The Arts

2013 ARTIE LAUNCH

The ARTIE program is named in honour of proud Indigenous State of Origin Legend Arthur Beetson. The Former Origin Greats ‘ARTIE’ (Achieving Results Through Indigenous Education) program is an Australian Government supported program, funded under the Sporting Chance initiative. It provides Indigenous students attending selected Queensland secondary schools the opportunity to participate in a program that encourages and rewards improvements in school attendance, behaviour, academic achievement and effort (particularly in literacy in numeracy).

Moreover, the ARTIE Program promotes the importance of Aboriginal and Torres Strait Islander cultural identity and awareness amongst its participants. The ARTIE program has adopted the motto of “Inspire, Encourage, Succeed” which forms the base of a myriad of strategies that aim to improve the schooling endeavours of participating students.

The FOGS (Former Origin Greats) organisation plays a key role in the delivery of this program through the strength of the brand, accessing community leaders and professional bodies, as well as providing links to high-profile past and present sportspeople. This is a key factor in reversing the cycle of disadvantage and ensuring that students involved in the program are provided with every opportunity to succeed in achieving their goals through education.

The objectives of the ARTIE program are heavily aligned with the Australian Governments ‘Closing the Gap’ strategy. More specifically, ARTIE is focused on two of the six Coalition of Australian Governments (COAG) targets, namely;
• Halving the gap for Indigenous students in reading, writing and numeracy within a decade;
• Halving the gap for Indigenous students in Year 12 attainment or equivalent attainment rates by 2020.

In Term 1 this year, ARTIE set a challenge for all of our Indigenous students at Caboolture SHS:

**CHALLENGE:** Achieve a minimum of a “C” in their effort & behaviour marks in Maths & English

**REWARD:** An invite to a VIP STATE OF ORIGIN PARTY at Suncorp Stadium on 5 June 2013

Good luck to everyone.

*Mr Davies & Mrs Carter*

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**CHAPLAIN’S UPDATE**

Hello everyone, another update from Mark the chaplain here. Things have been going wonderfully here this term. I have been getting straight back into things. From enjoying Year 8 camp, to being a part of conflict resolution groups, there have been all sorts of things happening in the school that I have had the privilege of being a part of.

(Although getting the name Taco Marco by all of the Year 12s because of the sombrero that I wore every day at Year 12 camp is something I’m still unsure of…) Also, the rubber band ball that got started at the beginning of the year, because of some extra rubber bands in the cupboard, has become quite a popular past time for people eating lunch here. Make sure you come around and check out how big it is this week.

To all the Year 8’s out there that I haven’t meet yet, make sure that you come into thechappy room at some point just to say hi. It has been wonderful to catch up with a lot of students, parents and staff already this year, and I want to make sure I get a chance to see all of you as soon as possible.

I have spoken to several parents already this year regarding concerns around their students adjusting to high school and I have helped students in a variety of different areas. If you have any questions or concerns about students, please feel free to give me a ring if you think there is anything at all I can do to help out.

God Bless you all, in everything you do.

*Mark Bellamy*  
Chaplain

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**MATHS NEWS**

The Murrumba Downs Mathematics Tournament is coming up, 30 April, at Narangba Valley High. We are currently collecting student nominations and we will need adult supervisors for each team of five. Lunch is provided with morning tea also provided for the supervisors. This is a great opportunity for parents to get involved.

If you would like to be involved as a parent supervisor, please contact the school on 5498 0111 and leave your name and phone number for Mr Robinson, HOD Maths.

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**TUCKSHOP NEWS**

Roster as follows:

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<thead>
<tr>
<th>Mar</th>
<th>Apr</th>
<th>Apr</th>
</tr>
</thead>
<tbody>
<tr>
<td>25</td>
<td>16</td>
<td>23</td>
</tr>
<tr>
<td>Sandrea</td>
<td>Fay</td>
<td>Tanya</td>
</tr>
<tr>
<td>26</td>
<td>17</td>
<td>24</td>
</tr>
<tr>
<td>Peta</td>
<td>Debbie</td>
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<td>27</td>
<td>18</td>
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<tr>
<td>Tanya</td>
<td>Adrienne</td>
<td>Deirdre</td>
</tr>
<tr>
<td>28</td>
<td>19</td>
<td>29</td>
</tr>
<tr>
<td>Pat &amp; Yvonne</td>
<td>Desley</td>
<td>Desley</td>
</tr>
<tr>
<td>Apr</td>
<td>22</td>
<td>30</td>
</tr>
<tr>
<td>15</td>
<td>Sandrea</td>
<td>Peta</td>
</tr>
<tr>
<td>Desley</td>
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</table>

Birthday wishes go to Desley.

*Lina Bishop and Diane Lee*  
Tuckshop Convenors

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**IMMUNISE**

*An Australian, State and Territory Governments initiative*

Immunisation is a simple, safe and effective way of protecting people against harmful diseases before they come into contact with them in the community. Immunisation not only protects individuals, but also others in the community, by reducing the spread of disease.

The Immunise Australia Program implements the National Immunisation Program (NIP) Schedule which currently includes vaccines against a total of 16 diseases. The current National Immunisation Program (NIP) Schedule outlines the recommended vaccines by age group which are funded by the Immunise Australia Program.

New to the NIP Schedule is Human Papilloma Virus Vaccination Program, recently added for teenage males. The national school-based HPV Vaccination Program, provided through the National Immunisation Program, has been extended to include males. From February 2013, males aged 12-13 years will receive the HPV vaccine at school on an ongoing basis. Males aged 14-15 years will also receive the vaccine as part of a
catch-up program until the end of the 2014 school year. Females aged 12-13 years will continue to receive the vaccine at school.

HPV stands for Human Papilloma virus, a common virus that affects both males and females, passed from person to person through sexual contact. HPV can stay in the body, causing changes to cells that can lead to HPV-related cancers and disease in males and females. Different types of HPV can affect different parts of the body, and some types are more harmful than others. HPV can cause genital warts, which can be distressing but do not cause cancer.

HPV can cause penile, anal, cervical, vulval and vaginal cancers, as well as genital warts. Four out of five people will have a HPV infection at some point in their lives. HPV doesn’t usually cause symptoms, so people infected with the virus may not know they have it. The vaccine is most effective when given before a person becomes sexually active. More detailed information about the national school-based HPV Vaccination Program can be found on the HPV Vaccination Program website.

This information and more about the recommended and fully funded vaccine plan by age group under the National Immunisation Program can be found by visiting the following: http://www.immunise.health.gov.au/internet/immunise/publishing.nsf/Content/nips2

If you have any further questions regarding immunisations you may contact me at school.

Marie Pritchard
School Based Youth Health Nurse

DOES YOUR CHILD SUFFER ASTHMA OR ECZEMA?

Every day thousands of Australian children suffer the effects of asthma and eczema, and families struggle with illness management and children’s behavioural and emotional adjustment.

Positive Parenting for Healthy Living is an adaptation of the successful Triple P - Positive Parenting Program, offering practical ideas and support for parents of children suffering asthma or eczema. This innovative group program is designed to help parents manage their child’s illness, assist children in coping with their illness and emotions, and prevent and manage difficult child behaviour.

Over the next few months and for a limited time only, parents of 3-10 year old children suffering asthma or eczema are able to access Positive Parenting for Healthy Living Triple P free of charge as part of a University of Queensland research project. Contact Amy Mitchell on (07) 3365 7305 or email healthyliving@uq.edu.au, or visit www.exp.psy.uq.edu.au/healthyliving for more information.

HAVE YOU RECEIVED THE SCHOOLKIDS BONUS?

Do you know about the Schoolkids Bonus? It is a new cash payment to help eligible families and students with the costs of primary and secondary school studies. Around 1.2 million families have already benefitted from the first wave of payments in January 2013 – have you?

If you receive a family or income support payment, including Family Tax Benefit Part A, you could be eligible to receive $410 a year for each primary student and $820 a year for each secondary student, with half paid in January and half paid in July.

The Schoolkids Bonus replaces the Education Tax Refund (ETR) and is a much simpler system. You no longer need to collect receipts and payments are made automatically so you don’t have to wait months to make a claim via your tax return. Unlike the ETR you can choose how you use the payment to best support your children’s education – whether it be school books, stationery, uniforms, school fees, or excursions.

Check your eligibility by visiting australia.gov.au/schoolkidsbonus and if you think you might have missed out on the January payment, contact Centrelink – either in person at a Centrelink-Medicare Office or by calling 132 468.