



DURATION OF SUBJECT	1 Semester
FINANCIAL COMMITMENT	NIL

COURSE CONTENT

UNIT 1	UNIT 2
Safety, Challenge and Adventure Activities and Game and Sport Students investigate strategies and practices that enhance their own, others’ and community safety and wellbeing.	Relationships, Sexuality and Lifelong Physical Activity Students evaluate strategies and resources to manage changes and transitions and investigate their impact on identities.
ASSESSMENT	ASSESSMENT
Project - Folio	Project - Folio

COURSE REQUIREMENTS

Students will need to be willing to engage in a range of practical activities, with a particular focus on Touch Football and Basketball. It is expected that students wear a hat and sunscreen when participating in outdoor activities. Sunscreen will be provided if the student cannot provide their own.

CAREER PATHWAYS

Students interested in Health and Physical Education may be interested in exercise science, biomechanics, the allied health professions, psychology, teaching, sport journalism, sport marketing and management, sport promotion, sport development and coaching.

INTERNET LINKS

| <https://www.australiancurriculum.edu.au/f-10-curriculum/health-and-physical-education/>

REAL PEOPLE TALKING ABOUT HEALTH & PHYSICAL EDUCATION



Hear from a current Year 7 student Mason, about why he likes Health & Physical Education.

