



<b>DURATION OF SUBJECT</b>	ONE SEMESTER
<b>FINANCIAL COMMITMENT</b>	NIL

### COURSE CONTENT

UNIT 1	UNIT 2
<p><b>Safety</b></p> <p>Students demonstrate leadership, fair play and cooperation across a range of movement and health contexts. They apply decision-making and problem-solving skills when taking action to enhance their own and others' health, safety and wellbeing.</p> <p>They evaluate the outcomes of emotional responses to different situations.</p>	<p><b>Relationships, Sexuality, Games and Sport</b></p> <p>Students critically analyse contextual factors that influence identities, relationships, decisions and behaviours. They evaluate the outcomes of emotional responses to different situations. They apply decision-making and problem-solving skills when taking action to enhance their own and others' health, safety and wellbeing.</p>
ASSESSMENT	ASSESSMENT
Physical & Written Assessment	Journal Entry

### COURSE REQUIREMENTS

Although not compulsory, it is encouraged that students should have completed years 7 – 8 Physical Education. In doing so, students would have completed and demonstrated:

- Teamwork skills
- Game awareness across context
- Evaluating and analysing data, information related to health problems.

### CAREER PATHWAYS

Junior Health and Physical Education as a subject provides a clear, assemble and achievable pathway into senior Physical Education subjects that includes, Health, Food & Nutrition, PE, Fitness and Sport & Recreational. Jobs pathways include but not limited to:

- Nutritionist
- Public Health officer
- Sports Teacher
- Personal Trainer, Head Coach, Exercise physiologist

### INTERNET LINKS

Australian National Curriculum

| <https://www.australiancurriculum.edu.au/f-10-curriculum/health-and-physical-education/>

Queensland Curriculum and Assessment Authority

| <https://www.qcaa.qld.edu.au/p-10/acig/learning-areas/health-and-physical-education>

