

CABOOLTURE

STATE HIGH SCHOOL

Making the difference today ... for tomorrow

HEALTH AND PHYSICAL EDUCATION

DURATION OF SUBJECT	ONE SEMESTER	
FINANCIAL COMMITTMENT	REFER TO FEE SCHEDULE	
COURSE REQUIREMENTS		
COURSE CONTENT		
UNIT 1		ASSESSMENT
Safety		Physical & Written
Students demonstrate leadership, fair play and cooperation across a range of movement and health contexts. They apply decision-making and problem-solving skills when taking action to enhance their own and others' health, safety and wellbeing.		Assessment
They evaluate the outcomes of emotional responses to different situations.		
UNIT 2		ASSESSMENT
Relationships, Sexuality, Games and Sport		Journal Entry
Students critically analyse contextual factors that influence identities, relationships, decisions and behaviours. They evaluate the outcomes of emotional responses to different situations. They apply decision-making and problem-solving skills when taking action to enhance their own and others' health, safety and wellbeing.		

CAREER PATHWAYS

Junior Health and Physical Education as a subject provides a clear, assemble and achievable pathway into senior Physical Education subjects that includes; Health, Food & Nutrition, Physical Education, Sport and Recreation, Certificate III in Fitness, Certificate III in Sport & Recreation and Certificate III Health Services. Jobs pathways include but not limited to:

- Nutritionist
- Public Health officer
- Sports Teacher
- Personal Trainer, Head Coach, Exercise Physiologist

FIND OUT MORE

Australian National Curriculum | https://www.australiancurriculum.edu.au/f-10-curriculum/health-and-physical-education/

Queensland Curriculum and Assessment Authority | https://www.qcaa.qld.edu.au/p-10/aciq/learning-areas/health-and-physical-education

