A Parent’s Guide

Caboolture State High School

Making a difference today… for tomorrow.

Remember, staff at Caboolture SHS are here to support you and your child. If you have any concerns regarding your child’s schooling, please contact the school immediately.

Parent involvement usually drops dramatically as students move from primary into high school. However, this is a time when many students are most in need of parental support and involvement.

Tips to help support your child’s learning at Caboolture.

Caboolture State High School

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Parents want their children to have success at high school but sometimes it is a challenge to figure out how to support them. High school is a time when parent involvement is critical but often parents are unsure of how to best support their children’s learning. Below are some hints on how to help and support your child so they get the most out of high school.

Help your child arrive at school with a good attitude, ready to learn.

- Make sure your child gets plenty of sleep. Most teenagers need about 8½ to 9 hours of sleep each night. The right amount of sleep is essential for anyone who wants to do well on a test or play sports without tripping over. Studies have shown that students earning As and Bs generally are getting to bed earlier than students with lower grades.

- Make sure your child gets up each morning with time to prepare themselves for school. Provide an appropriate breakfast and lunch. Make sure they are dressed appropriately. Remind them to take their school supplies.

- Check your child’s attendance. One way you can do this is by checking their report cards. If you suspect a problem, contact the school. Do not encourage your child to skip school for special trips or activities not related to school such as a family holiday or outing with friends. That makes school seem less important than having fun.

Help them organise their time and study space.

- Help your child to keep on top of assessment items by placing their assessment schedule on the fridge. Look at it once a week to plan how time will be used and make allowances for other activities such as hanging out with friends.

- Make sure there is a place for quiet study away from distractions such as the television, telephone or loud music. Help them set up a space to keep school materials.

- Homework is an essential part of study and should be completed daily. Set homework is written in the school dairy to allow students and parents to easily check. If set work is not given, students are expected to revise the day’s lessons. If your child continually says that he/she has no homework, contact the school.

Support school work because education is important.

Take an interest.

- Talk to your child during dinner or at another quiet time. Ask them how their day was at school. What was the best part of the day? What was the worst? And Why? Help your child to put their concerns or problems into words by talking with them. Listen to your child and express interest in the things they care about.

- Notice and praise your child when you see them doing a good job, tell them that you’re proud of them.

- Attend school events and be involved in school activities. When you are involved in your child’s education, they will achieve more regardless of your economic status, ethnic or racial background, or educational level. Your child needs to see that you care about how they do at school.