



CABOOLTURE  
STATE HIGH SCHOOL

Lee Street  
Caboolture QLD 4510  
Subscribe: <https://cabooltureshs.schoolzineplus.com/subscribe>

Email: [principal@cabooltureshs.eq.edu.au](mailto:principal@cabooltureshs.eq.edu.au)  
Phone: 07 5498 0111



Caboolture High News - Term 4, 2024

## Principal News

### Thank You For a Great Year

2024 has turned out to be a fantastic year! We have particularly focused on the Curriculum and Reading, increasing extra curriculum opportunities for students and lifting behaviour expectations. For 2025 it will be more of the same and ensuring that we put the outcomes for students, families and staff first.



### The Team for 2025

Principal	Doug Watson					
	7	8	9	10	11	12
Deputy Principal	Junn Kato	Tess Hennessey	Phil Cochran	Allyson Seymour	Susan Wayner	Andrew Pappas
Head of Year	TBC	TBC	Dinah McQueen	TBC	TBC	Dinah McQueen
Year Coordinator	Kimberley Stevens	Crystal Macdonald	Matt Smith	Adam Smyth	Aaron McDonald	Rhona Ralph

	Caleb Herman		Rohan Young	Hollie Tempero		
Guidance Officer	Drew Ricker	Gary Meyrick	Terri	Drew Ricker	Gary Meyrick	Te

### Cost of Living

As a community-based school, we certainly understand the pressures associated with the cost of living and the effects on households and education. To further support families and students in 2025 we are introducing some changes.

### Levies

Levies have been removed from all year levels except for resource intense programs.

- 11 and 12 Industrial Technology Subjects
- 11 and 12 Hospitality Industry Subjects
- 11 and 12 Agricultural Science Subjects
- Fee for Service Vocational Subjects through an external Register Training Organisation (Please note students have access to VETiS funding for their first Certificate)

SRS will remain the same

SRS 7-10 = \$300

SRS 11 and 12 = \$240

### Uniform - Sports and Signature

Pride in the school and our programs is important and recognising success is even more so. As of 2025 students will be able to wear signature program uniforms as part of the daily

uniform instead of their sports uniform. This will further promote pride in our school and assist our community with reducing the cost-of-living pressures.

### Formal Uniform

Success is sometimes about how we start, and starting the week strong and in the right head space can be all that we need sometimes. As of 2025, Monday will become our formal uniform day to assist families with the value for money proposition when purchasing the formal uniform. Please remember that formal uniform is also required for most excursions.

### Gate Opening Times

To further support before school activities, students and families, the gates will be unlocked from 8:00am from the start of 2025.

### Most Importantly – A Big Thank You!

It has been a real pleasure to see the school come together and celebrate the best of Caboolture and we have a lot to be proud of! We have an outstanding school and community and I thank you for your support!! Thank You!



Cheers  
Doug Watson

## Year 7 News

Dear Parents and Carers,

Welcome to the last newsletter for the school year. This year, our school community continued to focus on our school priority areas:

1. Learning Culture
2. Curriculum and Pedagogy

Under the banner of these priorities, the Year 7s were exposed to as many opportunities as possible to grow their understanding of the school priority areas, whilst also learning the “Cab High Way” in their first year of secondary schooling.

Across the year, the students have been exposed to various lunch-time activities, special assemblies with guest speakers, individual and class award systems for uniform and attendance, end of term celebration days and specialist invitation programs.

This term, many of the Year 7 students received acknowledgement for their learning efforts and for keeping themselves very busy and involved in the many opportunities that the school has had on offer across the year. This was highlighted at the recent Dance Night, Sports Awards Night and the Academic Awards Evening earlier this term. Well done to all Year 7 students who received recognition and awards at these events. Your efforts across the year have not gone unnoticed. It has also been refreshing to see students engage in lunchtime activities, school incursions and excursions across the year.

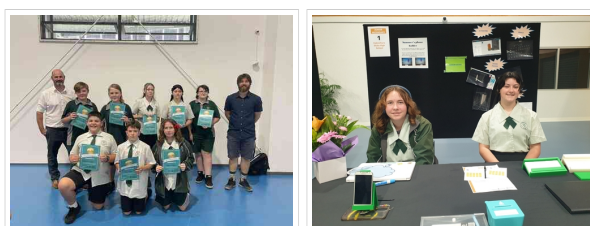


### Excellence Programs and Sports Academies

I would also like to acknowledge the Year 7 students who were successful applicants in our Excellence Program and Sports Academies for this year. These programs were delivered in a different format this year through the Friday afternoon FDI sessions. These programs would not exist without the staff who take the time to invest in the development and delivery of these programs both in school and out of school time, thank you to the staff for ‘going the extra mile’ to ensure these students can thrive here at Cab High. I hope that you all consider to continue your journey in these programs in Year 8.

### STEM Project – Moreton Bay Advanced Manufacturing 3-D Printing Program

Caboolture SHS was successful in securing a place in the STEM Advance Manufacturing Moreton Bay Future Skills School Program for 2024. This project has seen a small group of students across Year 7 undertake this project via a weekly schedule facilitated by two CSHS staff members across a 10-week block of time. On 8 November, the students participated in an event for this STEM project where they had the opportunity to showcase their manufacturing solutions in front of 7 other high schools across the Moreton Bay Region.



### Semester 2 Report Cards

Students will receive their Semester 2 Report Cards this week. The report cards have been emailed to all parents/carers. Please take the time to review the report card and discuss it with your child. If you have any concerns, please contact the respective teacher via an email.

### End of Term Celebration Assembly and BBQ

A key element of growing a positive learning culture across Year 7 is rewarding those students who are being great role models amongst their peers – living up to the school values (PRIDE) in all that they do.

On Monday of Week 10, the Year 7 line of sight team celebrated the Semester 2 achievements with those students who have upheld the PRIDE values across the semester. For each Year 7 CORE class, students were awarded a PRIDE values award of either – Persistence, Respect, Integrity, Diligence or Excellence. These awards resulted in a collective nomination from their class core teachers. The students were shown a PowerPoint of their cohort activities across the school year. It was great to see them enjoying the many photos of themselves and their ‘physical growth’ from Day 1 of Year 7 to now.



### Year 7s moving into Year 8

The current Year 7 cohort of students will move into Year 8 in 2025. They will continue to be managed by myself as the Deputy Principal and Mrs Crystal Macdonald as the Year Level Coordinator. Ms Helen Murray will continue on as one of the inclusion teachers, along with Ms Heike Lafrenz who will join our Year 8 team next year. Mrs Smith (HOSES) will continue to support the Year 8 line of sight team when required. We will have a new Guidance Officer for Year 8 next year – Mr Gary Meyrick.



I would like to thank my current Year 7 Line of Sight Team (Mr Mike Dutton, Ms Murray, Mr Cantrill, Mrs McDonald, Mrs Naumann and Mr Iddles) for another wonderful year of collaboration and support for the Year 7 students and their families. Each of you have worked diligently and efficiently this year in order to ensure that the students have been cared for, supported and encouraged to belong during their transitioning phase to secondary schooling.

Please continue to check you emails or view the school Facebook posts across the holidays to ensure that you are keeping up to date with important information for the new school year.

I wish the Caboolture State High School community a safe and happy holiday season, and look forward to seeing many of you in the new school year.

Kind regards

Tess Hennessey

*Deputy Principal | Year 7*

[thenn12@eq.edu.au](mailto:thenn12@eq.edu.au)

## Year 7 in 2025

2024 has been an amazing journey for our Year 12 students and staff, and I thank you all for your support. As I depart Year 12 and thank our 2024 team for their support, I would like to provide some information for the incoming Year 7 families as I will be moving into the Deputy Principal role in 2025.

Next year will see a change in the way we work with our Year 7 students, as Mrs Hennessey moves with her Year 7 group into Year 8. Having worked with this year's Year 12 group from 2021, I have already enjoyed opportunities to meet our incoming Year 7 group through visits to primary schools, our recent transition day, primary school graduations and ongoing enrolment interviews. If you have a Year 7 child seeking enrolment at our school in 2025 and have not yet had an enrolment interview, please contact our office to make a time for an interview, which will now occur in the week preceding the commencement of school.

I am grateful for the support of a great team of caring teachers working with me next year. Caleb Herman and Kimberley Stevens are energetic and kind teachers who have a strong interest in caring for students. They will be Year Coordinators for the group next year. Darlene Jobson and Belle Rushton are both passionate about supporting the inclusion of all students in learning, and they will be supporting students who require adjustments in order to succeed in the classroom curriculum. I have worked with Drew Ricker as Guidance Officer for a number of years now and gain a good deal of confidence from his very calm and thoughtful approach to his work, and I know many students feel the same way. At the moment, the roles of Head of Year for Year 7 and Head of Department – Junior Secondary are being filled by recruitment processes, but in the meantime I have been very ably assisted by Mike Dutton who has worked with this year's Year 7 group.

We are very much looking forward to our first day together next year on Tuesday 28 January. Further information regarding the first day of school will be sent to families in due course. Thank you for the trust you place in us with your young people. We look forward to working with you as we make the difference today, for tomorrow.

Junn Kato

*Deputy Principal | Year 12*

## Year 9 News

Dear Year 9 Families/Carers,

As Term 4 draws to a close, we reflect on a fantastic year filled with growth, achievements, and memorable experiences. Here's a recap on what has happened in Year 9 this term:

### Effort and Behaviour

This term, we have continued to focus on the importance of effort and positive behaviour. Our Year 9 students have shown remarkable improvement in their ability to collaborate, stay motivated, and contribute to a respectful school community.



These qualities not only help them excel academically but also prepare them for future challenges in senior school and beyond.

Our staff commend the many students who have consistently demonstrated resilience and a strong work ethic across their subjects.

### Assessment Period

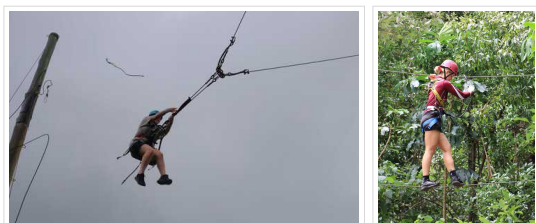
Term 4 has been a busy time for assessments as students worked hard to complete their assessments and exams. These tasks are a valuable opportunity for students to showcase their learning and growth over the year. By now, you should have received report cards, which will reflect the effort and progress made in each subject.

Students are encouraged to discuss their results with their families and set personal goals for the year ahead, year 10 in 2025.

### Year 9 Camp - Week 10

The much-anticipated Year 9 camp was a huge success and offered students an opportunity to unwind, build teamwork skills, and celebrate the end of the year.

Students participated in a variety of fun and challenging activities, including outdoor adventures and team-building exercises.



### Excursions in Week 10

For students not attending the camp, a series of engaging excursions were planned for Week 10. These excursions provided hands-on learning experiences and an enjoyable way to conclude the year.

Planned activities included the activities below:

- Aussie World
- Movies & Bounce
- Movies & Bowling
- Bli Bli Waterpark
- Revolution
- School Activities

### End-of-Year Celebrations

As the year ends, we want to thank our Year 9 families for their continued support. Your involvement in your child's education is invaluable, and we are grateful for your partnership throughout 2024.

Here's to a restful holiday season and an exciting start to Year 10 in 2025!

Kind regards,

Andrew Papas  
Deputy Principal | Year 9

## Year 10 News

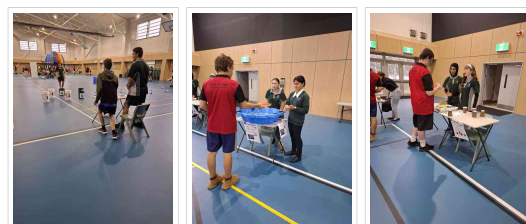
### From the Year 10 Team

It has been the Year 10 Team's absolute pleasure to work with the Year 10 Cohort this year as they transition from their junior studies into senior pathways. As the 2024 school year draws to a close, we celebrate the incredible journey of our Year 10 students as they prepare to embark on the next phase of their journey. Year 10 has been a pivotal year for these students, full of opportunities for self-discovery, skill-building, and planning for the future.

Throughout the year, students have engaged in a range of activities designed to equip them for the challenges and opportunities of Year 11 and beyond. From career preparation sessions that helped them explore potential pathways to academic tutorials that strengthened their foundational knowledge, our Year 10 cohort has embraced every opportunity with enthusiasm and determination.

A highlight this year for myself and the team was that "light bulb" moment for many students as they began to consider their future pathways. It was amazing to see the students thoughtfully consider their strengths, interests and future goals when making these decisions.

This term we also recognised a number of Year 10 Students at the Sports and Academic Awards night. It was truly incredible to see so many students and their families coming together to acknowledge the achievements of our students throughout the year. We also ran our Student Council process in which we had a number of applicants engage through the process. These students presented speeches to the Year 10 Cohort and had interviews with our team to discuss their leadership potential and their plans for 2025. We look forward to celebrating the successful nominees early next year at our Investiture ceremony. We capped off the term with a group of Year 10 students nominating themselves to volunteer at Lee Street Special School for their end of Year Carnival. This was a fantastic opportunity for our students to make connections with the students at Lee Street and join in some of the fun, well done to those students who gave up their own time to make a difference!



As we look ahead to 2025, we are confident that this group of young people is ready to thrive. Year 11 promises new opportunities, responsibilities, and milestones, and we are excited to see our students continue to grow and achieve their best.

To our Year 10 students and their families: congratulations on a successful year. Thank you for your support, hard work, and partnership in making this year a success. We hope that you all have a safe and enjoyable Christmas Break!

## 2025 Back to School Information

To help get you started for 2025, please refer to the flyers attached below.

[https://cabooltureshs.schoolzineplus.com/\\_file/media/3904/communication\\_flyers\\_7\\_.pdf](https://cabooltureshs.schoolzineplus.com/_file/media/3904/communication_flyers_7_.pdf)

## Agriculture & Hospitality

### Agriculture

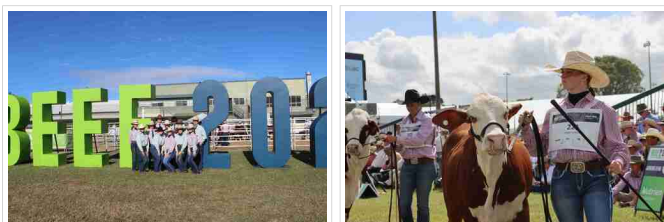
It has been a brilliant year down on the farm for all with many curriculum and extracurricular activities for students to get involved with.

First term saw students delving into the intensive feeding of cross bred lambs and the preparation and planting of fruits, vegetables and flowers in the cultivation paddocks. Students were involved throughout the whole production system whether it was measuring out the daily feeds for the lambs and cleaning their pens to planting seedlings and weeding before the eventual harvesting and preparation for sale.

Over the summer period at the beginning of the year the stud cows were accommodated by a Braford breeder at Bell on the Darling Downs. The McNamara family generously donated the use of their stud bulls with 7 out of 8 cows pregnancy tested in calf in Term 3. Students began the countdown to February and March, 2025.

Second term saw students turn their focus to meat chicken feed trial and the preparation of cattle, and the fruit and vegetable displays for the local show season. The meat chickens quickly went from cute and cuddly to not so cute and cuddly in approximately 5 weeks. The chickens were processed at a regional abattoir in Gympie. At this time the lambs were also processed at a regional abattoir at Esk. The students have enjoyed roast chicken and BBQ lamb.

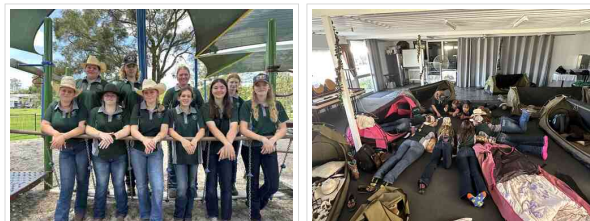
Students represented CSHS proudly at Rockhampton Beef Week, Caboolture and Sunshine Coast Shows with cattle and agricultural produce. Many students polished their public speaking and animal assessment and handling skills to bring home junior judging and handlers' ribbons.



In Term 3, students and staff were in full exhibition preparation mode with the long-awaited Brisbane Exhibition 'The Ekka'. Students spent many hours in the preparation, designing and constructing the display that took out 1<sup>st</sup> overall; best animation

and movement; best grain display and the Graham Rayner trophy for best quality vegetable. As well as the long awaited return of our school bred Braford cattle to Ekka Main Arena – with CabHigh Rose winning Reserve Champion Braford female.

In Term 4, students headed off to Kennallywood Horse Stud experience at Boonah. Students camped over at Boonah Showgrounds before an early start to Kennallywood Stud to get a behind the scenes look at a large scale full service from birth including reproductive technologies to train and sale of horses for various disciplines from racing, cutting, drafting to name a few.



Well done to all students who either undertook Agricultural subject classes or participated in extra-curricular activities across the year; it was a pleasure to showcase agriculture with you and open up your horizons to the exciting opportunities within the agriculture industry.



From all the staff at the farm have a safe and festive season and we look forward to seeing you in 2025.

### Hospitality

Hospitality and Food Technology students were throughout the year had a learning and expanding their food and catering preparation knowledge and skills.

Students produced an amazing spread to first celebrate staff with their morning or afternoon team hampers with fresh edible flowers from the school farm. The hampers were a delicious selection of sweet and savoury delights.

Junior students were busily preparing afternoon tea scones with jam and cream for the end of year Instrumental Music afternoon, where students from a number of schools prepared a showcase for parents.

In Term 4, Year 8 students explored the concept of incorporating Indigenous flavours into their culinary creations. For their assessment, they took on the challenge of designing a burger featuring kangaroo meat as the star ingredient. Students excelled in their investigation of native condiments and accompaniments, thoughtfully selecting ingredients that complemented the unique flavour profile of kangaroo meat. The final creations showcased their creativity and understanding of Indigenous Australian food culture, resulting in delicious and well-balanced burgers that celebrated local flavours.



Year 9 students tackled the challenge of developing a design solution to create a velouté sauce as the foundation for a nutritious light lunch. For their practical assessment, students showcased their culinary skills by preparing the velouté sauce and using it to craft a meal that incorporated chicken as the primary protein and three vegetables. The meals were thoughtfully designed to meet the health needs of adolescents, emphasising balanced nutrition and creative presentation. This task allowed students to demonstrate their technical proficiency, understanding of nutritional principles, and ability to apply culinary theory to practical outcomes.

Year 10 and 11 students begin a full week of preparations for the catering of the annual Academic Awards night as well as the Year 12 Valedictory breakfast to farewell the graduating class of 2024. A delightful array of yummy treats were a crowd hit.

From all the staff in the Hospitality and Food Technology kitchens have a safe and festive season and we look forward to seeing you in 2025.

Janine Milne

HoD | Agriculture, Aquatics & Hospitality

## The Arts

### The Creativity Hub – ‘Success in Action’

Throughout Term 4 our staff and students have been involved in a number of exciting activities inside and outside the classroom, such as performances, incursions and excursions. Moving into 2025, we look forward to providing more experiences that inspire and develop students’ creative and artistic skills.

*A recap of Term 4 in The Arts:*

### Dance Eisteddfod – Murrumba Dance Challenge

In Week 1, our dance eisteddfod students participated in the Murrumba Dance Challenge. It was an extremely exciting event for our eisteddfod teams and an excellent opportunity for students to connect with other schools in the region and support one another in a friendly environment. Although our teams did not place, all of the students showed great sportsmanship and had fun along the way! It was also wonderful to see our dance captain Tash M and dance mentor Rose P, achieve recognition for their creative choreographic works. Thank you, Ms Hodgen and Ms Tempero, for supervising students on this excursion.

### QPAC Excursion – ‘Wicked: The Untold True Story of the Witches of Oz’

Early in the term, our Arts students travelled to QPAC, to watch the spectacular musical performance of *Wicked*. Students enjoyed dinner at Southbank, before heading to QPAC to watch the performance. It was a fun night for all involved,

with many students complimenting the amazing set production, costumes and musical performances. Thank you to all the staff who accompanied students on this trip. We look forward to more excursions to QPAC in 2025.



### CSHS Dance Night – ‘Through the Decades’

On Wednesday 9 October, our wonderful Years 7-12 dancers took centre stage and delighted our audience with a variety of dance styles and performances. The night was well received by the audience and celebrated different dance styles, as seen throughout the decades. Congratulations to all students involved!

A huge thank you to Ms Hodgen, Ms Tempero and Mrs Woodward, for facilitating the night and creating an amazing opportunity for our dancers to shine on stage, in front of a live audience.



### Hamlet: Best Served Cold

On the 10<sup>th</sup> and 11<sup>th</sup> of October, Year 9, 10 and 12 Drama students performed a contemporary reimaging of a William Shakespeare’s classic. *Hamlet: Best Served Cold*, a film noir contemporary adaptation of Shakespeare’s classic, was written and directed by Mr Shepherd, and performed in our Black Box Theatre, in P Block.

In preparation for the performances, students rehearsed after school throughout Term 3 and Term 4. Both performances received excellent reviews, along with commendation for the cast’s professional attitude. A huge thanks to Mr Shepherd, for providing our students with the valuable opportunity to perform live theatre. Congratulations to all involved!





### Sports Awards and Academic Awards Night - Performances

A huge shout out to our music and dance students who performed at our Week 7 Awards Nights.

On both Awards Nights and Valedictory, Maya L showcased her powerhouse vocals, in her performance of the Australian National Anthem. Whilst, Ewale C, Daityn M and Johnny M entertained the audience at Sports Awards, with their catchy rendition of Smashing Pumpkin's song, 1979.

Performances continued into Academic Awards Night, with the Instrumental Music Stage Band opening up the night with their engaging repertoire. Grace M then amazed the audience with her arrangement of Andy Grammer's *Don't Give Up on Me*. Finally, our dance eisteddfod team electrified the stage with their energetic hip-hop routine.

We are very proud of our student performers and the progress they have made this year. Thank you to our performers and students who helped out behind the scenes, as part of our technical production crew.



### Instrumental Music – Performances

Congratulations to our Instrumental Music students on their diligence, persistence and excellence in preparation for performances throughout the term. Early in the term, students performed at the Redcliffe Peninsular Music Festival and Morayfield SHS's M.A.D.E Night. Students have put in many hours of rehearsal to become performance ready for these events. Well done to all involved!

In Week 8, our *Integrated Instrumental Music Day* took place in the Assembly Hall. During this event, Instrumental Music students from local primary schools, performed alongside CSHS Instrumental Music students. Students rehearsed unseen repertoire, in preparation for a performance for parents/guardians. Students really enjoyed getting to know each other and many of the primary school students left with a big smile on their face at the end of the day!

Overall, it was successful day and it was great to see all the students working together as a team. Thank you, Mrs Moore, for organising and facilitating these exciting opportunities for our Instrumental Music students. We look forward to more performances throughout 2025.



### 2025 Musical – The Addams Family: High School Edition



We are excited to announce that CSHS's production of *The Addams Family: High School Edition*, will hit the stage next year (Term 3, Week 1).

Throughout Term 4, a number of students participated in a singing, acting and dancing auditions, as part of our casting process for lead roles. Thank you to all the students who participated in these auditions. The calibre of talent was very high, which made our casting decisions quite challenging. However, our lead roles have now been cast and we look forward to working with these students during rehearsals, throughout Semester 1.

Congratulations to the following students for their success in landing a lead role:

Gomez: Toa W

Morticia: Alethia S (understudy – Jade B)

Wednesday: Jade B (understudies – Maya L & Grace M)

Pugsley: Haymish S (understudy – Gabby B)

Uncle Fester: Leah R (understudy – Cate R)

Grandma: Sara B (understudy – Jade F)

Lurch: Harry B (understudy – Cassius H)

Lucas Beineke: Jack R

Mal Beineke: Braxton S

Alice Beineke: Ava E (understudy – Leah R)

Early next year, ensemble/chorus auditions will take place. We invite all students who enjoy singing, dancing and acting, to audition. This is an amazing opportunity to refine performance skills, meet new friends and become more confident on stage. These auditions will be announced on the school notices and also promoted on school social media.

#### Music Enrichment Program (Years 7-12)

2025 will see the launch of our Music Enrichment Program, which aims to nurture student talent development from Years 7-12.

This program has been designed for students who have a genuine interest and demonstrated ability in music. It offers students the opportunity to work alongside like-minded musicians throughout a range of workshops, incursions, excursions and performance opportunities, to develop and extend a variety of musical skills.

Students who enjoy being challenged, and those who strive to improve their musicianship and song writing skills, are encouraged to join the program.

What can I expect?

#### *Guest Artist Workshops – Music Industry Professionals*

Facilitated by industry professionals, a range of extra-curricular workshops will provide students with opportunities to refine their performance skills, develop compositional skills, strengthen music industry knowledge and become more confident recording with a Digital Audio Workspace (DAW). Workshops will focus around the following:

- Composition – ‘Finding Your Own Voice’
- Performance – ‘Building Performance Skills and Stage Presence’
- Digital Music – ‘Producing Electronic Music’
- Music Business ‘Marketing & Promotional Material’

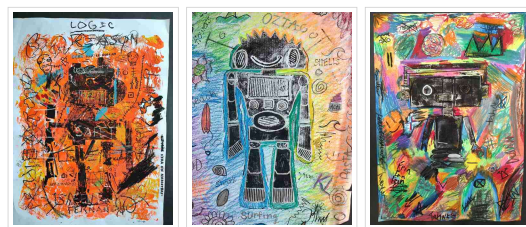
#### *Excursions*

Students will also have the opportunity to participate in music excursions that inspire creativity, such as performances by the Queensland Symphony Orchestra (QSO), performances at QPAC, Music Careers Expo, Creative Generation performance and much more.

#### *Community Performances*

Students will have the opportunity to perform at local venues and community events.

Student wishing to enter the program will need to complete an application, early in Term 1.



#### The Arts Spotlight – Year 8 Visual Arts

In Term 4, our talented Year 8 Arts students learnt about the art of printmaking. Students designed and printed robot-themed characters using collagraph, mono or relief printing techniques. Students drew inspiration from the expressive style of Jean-Michel Basquiat, to infuse their prints with bold colour, rich texture and distinctive mark-making in oil pastels. The overall result was very impressive. Thank you to Mrs Jacob, Mrs Rzoska and Ms Gray for helping our Year 8's excel in Visual Art.

#### Farewell Year 12's

We would like to congratulate our Year 12's on making it the end of their high school years. Valedictory was a wonderful celebration of achievement, which also featured performances by our very talented Year 12 Music and Music and Practice students Leo C, Archie H, Rose P, Christina F, Ella P and Tienita R. Students performed their own arrangement of *Slipping Through My Fingers*, by Abba. It was a beautiful performance and highlighted the message that it's important to cherish each moment, before time slips away.

Year 12's, we wish you all the best with your future endeavours!

As we finish up the year, we would like to thank our Arts staff, who regularly volunteer their time to provide extra-curricular activities and valuable opportunities for students to grow and succeed in The Arts! We look forward to more exciting opportunities and events in 2025.



## Humanities Faculty

Humanities - Celebrating a Year of Learning and Growth



As we approach the end of another academic year, it's time to celebrate the outstanding achievements of our students. Their dedication to learning, critical thinking, and curiosity about the world has been truly inspiring.

**Year 7** students kicked off their History journey by exploring the ancient history of Australia. They examined artefacts and remains discovered at Lake Mungo before fast-forwarding through time to investigate Ancient Rome. The students were particularly captivated by significant historical figures such as Nero, Agrippina, and Spartacus.

This term's studies have been a hit, with students expressing their enthusiasm for Humanities – even participating in a toga creation contest and feasting on traditional Roman food! While the Roman feast was a success, the same couldn't be said for Roman posca, a drink enjoyed by soldiers. A mix of vinegar, honey, spices and water, let's just say it didn't quite win over the students' taste buds!



**Year 8** embarked on an exciting historical journey into the Spanish conquest of the Americas. Through their studies of the Aztec, Inca, and Maya civilizations, alongside the motivations behind Spanish expansion, students gained valuable insights into the enduring legacies of these events.

In **Year 9**, students delved deeply into World War I, examining its causes and effects. Their studies went beyond the battlefield, exploring technological and medical advancements and the grim realities of trench warfare. This comprehensive approach provided a nuanced understanding of the war's profound impact.



**Year 10** marked a diverse term of Humanities electives. History students explored the Peloponnesian War, honing their skills in analysing historical sources. Geography offered a lens into the Human Development Index and human well-being, while Justice Studies challenged students to critically evaluate Australia's global role in upholding human rights.

For **Year 11**, Ancient History students used the Bronze Age as a foundation for understanding cause and effect in history. Legal Studies examined Australia's criminal investigation process, while Tourism students investigated emerging trends, such as sustainable tourism, adventure tourism, staycations, medical tourism, and ethical tourism, affecting a selected destination.

**Year 12** represented the culmination of hard work and dedication, with students completing their external exams.

Legal Studies involved intensive preparation on Australia's system of governance. Geography students focused on demographic trends, analysing data and implications in their final exam. In Tourism, students studied tourism as an industry and completed an in-class exam, showcasing their understanding of the field.

As we reflect on this year, we extend our gratitude to the Caboolture State High School community—teachers, parents, and students alike. Together, we've embraced growth, exploration, and academic excellence. Congratulations to our students for their outstanding accomplishments. Wishing everyone a restful and joyful holiday season!

Ahna Munro

HoD | Humanities

## From the Guidance Team

### Nurture mental wellbeing during the holidays

Be kind to yourself this school holidays and festive season. For some, this is a time of joy and celebration, but for others, it can be stressful and isolating, even amplifying mental health challenges. It's important to acknowledge how you feel at this time of year and prioritise your own mental wellbeing and that of others you may be caring for. These strategies may help:

**Recognise emotions** – Acknowledging how you feel is the first step in being able to prioritise what you need for your own mental health. Don't forget to check in with others you care for.

**Look after yourself** – Eat healthy food, stay hydrated, exercise, get good sleep, avoid excessive alcohol and caffeine.

**Choose supportive connections** – Where possible, choose to be with people you value and who value you in return.

**Have realistic relationship expectations** – Being realistic about what you can expect this time of year enables you to plan for your own welfare and reduce stress and disappointment.

**Set boundaries** – It's ok to say no to things that aren't helpful to you – your needs are just as important as others.

**Give thanks** – Keep a daily gratitude list – appreciate the small things.

**Take time out** – Allow time for rest and relaxation. Go for nature walks, see a movie, read a book – do whatever makes you feel good.

**Gift yourself** – Treat yourself to a gift – it could be as simple as creating a self-help stocking – fill it with things that lift your mood and help you through challenging times. You could even make one for a friend or neighbour – acts of kindness enhance our mental wellbeing.

**Connect and give back** – Connect with community groups or volunteer. Helping others is a great way to reduce loneliness and generate support systems.

**Keep coping strategies handy** – Make a list of things that help you in difficult times and keep it somewhere visible.

**Seek support** – Whether it's reaching out to a trusted friend or a professional support service, it's important to acknowledge

when you may need help. If you have been experiencing concerning symptoms for over 2 weeks, book an appointment with your GP, call 13 HEALTH (13 43 25 84) for 24-hour confidential health advice, or find a mental health service in your area.

Remember, you are not alone – there are plenty of support services and resources available. Here are a few:

- The Black Dog Institute has developed tips to tackle common holiday worries.
- Lifeline has created a similar Christmas holiday mental health toolkit.
- Helping Minds has tips for protecting your wellbeing.
- Dear Mind has tips on how to take time for yourself.
- The Queensland Government's mental wellbeing initiative offers wellbeing apps, courses, links and podcasts.
- My mental health offers mental health carer and family support resources.
- SANE Forums connect you with people who've been there too.

For phone support call:

- Lifeline – 13 11 14 | <https://lifeline.org.au/>
- Beyond blue – 1300 22 4636  
| <https://beyondblue.org.au/>
- Suicide Call Back Service – 1300 659 467  
| <https://suicidecallbackservice.org.au/>
- Kids Help Line – 1800 55 1800  
| <https://kidshelpline.com.au/>
- ADIS (alcohol and drug support) – 1800 177 833

In an emergency call 000.

Referenced from: <https://www.qldmentalhealthweek.org.au/>

Take care and see you in 2025!

Drew, Jayden, Andrew and Tabitha

Caboolture State High School Guidance Team.

## IT Support

### IT Support: A Big Thank You

On behalf of the IT Support team, we'd like to extend our gratitude to the entire CSHS community for a wonderful year. It has been a pleasure to assist and support students and staff throughout 2024.

We've particularly enjoyed troubleshooting student laptops and are grateful for the respect shown by students in their interactions with us. A special thank you also goes to parents and students for following up on the return of loaned devices—it's been a tremendous help in preparing for 2025.

As we look ahead to the new year, we encourage all students to organise their BYOD devices early and ensure they're ready

to go. We're excited to continue supporting the community with the iLearn devices and are here to help with any IT needs in 2025.

Thank you for a great year!

Robert Morrison

HoD | Digital Innovations

## Maths Faculty

As we wrap up 2024, I want to celebrate the hard work and dedication of our students in their mathematics classes this term! Their efforts have been truly commendable as they strive to finish the year strong.

This term, we trialled an exciting program called **Mathspace**—an innovative platform that uses technology to engage learners and provide targeted strategies to support their growth. The results have been outstanding, with amazing feedback from our Year 7–9 students. Many students reported increased motivation, and we observed a notable rise in the completion of extra work at home, thanks to Mathspace.

Building on this success, we are thrilled to announce that starting in 2025, Mathspace will be incorporated into our mathematics curriculum for students in Years 7–10. We are excited to see how this program will continue to support and inspire our learners.

Courtney Isakka

HoD | Mathematics

## Resource Hub News

### Resource Hub Wrap-Up 2024

What a fantastic year it has been in the Resource Hub! We've seen so many wonderful students making the most of this vibrant space, from curling up in the Book Nook to engaging in friendly board game competitions. The lunch program has been a standout, with plenty of STEM opportunities on offer, including robotics, VR, and eSports.

A huge thank you to Michelle Anderson and Trin Womersley, who spearheaded the planning and organisation of the hub, ensuring it was a welcoming space where CSHS students could feel at home and be themselves.

This year, the Premier's Reading Challenge was another great success, complemented by the always-popular lucky dip books. We also expanded our library collection with exciting new titles that flew off the shelves.

Looking ahead to 2025, we're thrilled to announce plans to resource even more books and continue building a space that fosters creativity, curiosity, and connection. Here's to another fantastic year ahead!

Robert Morrison

HoD | Digital Innovations



## Science Faculty

### End of Term 4 Science Highlights

As Term 4 comes to a close, we reflect on an exciting and action-packed term in Science across all year levels. From creative projects to competitive events, our students have shown curiosity, collaboration, and critical thinking skills. Here's a snapshot of what they've been up to!

#### Year 7: Bottle Rockets and Gliders

Year 7 students combined physics and creativity as they designed and tested their own bottle rockets and gliders. The sky became their playground as they explored the principles of aerodynamics and forces. We saw some impressive flights—and a few hilarious misfires!



#### Year 8: Dissections and Play Dough Chemistry

Year 8 delved into the world of biology with hands-on dissections of reproductive organs, enhancing their understanding of animal anatomy and function. In contrast, their exploration of chemistry took a more playful turn as they created custom play dough, discovering the science behind polymers and texture.



#### Year 9: Halloween Potions and Model Volcanoes

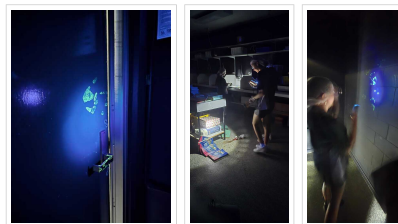
Spooky science took centre stage with a Halloween-themed potions class. Students mixed bubbling, exploding, and colour-changing concoctions to learn about chemical reactions. They also constructed model volcanoes, showcasing spectacular eruptions that capped off their Earth Science studies.



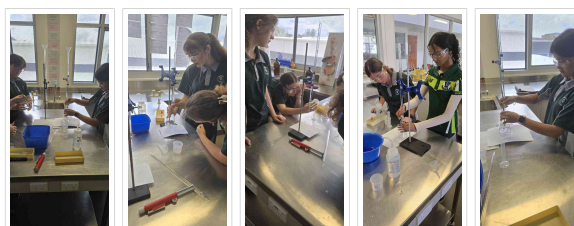
#### Year 10: Forensic Science, Annual Titration Competition, and the Great Barrier Reef Project

Year 10 Biology and Psychology students became forensic investigators, analysing fingerprints, fibres, and blood spatter to solve a thrilling mock crime scene. They applied scientific techniques and psychological profiling to identify suspects, combining critical thinking with teamwork. The activity

showcased the real-world application of science in crime-solving, leaving students inspired and engaged.



In Year 10 Physics and Chemistry, students participated in the Annual Titration Competition, a test of precision and problem-solving. They worked meticulously to determine the concentrations of unknown solutions, demonstrating their analytical skills under pressure. The event highlighted the importance of accuracy and teamwork while giving students a practical experience in advanced chemistry concepts.



Meanwhile, Year 10 Science in Practice students have been exploring the fascinating concept of natural selection this term. For their assessment, they took on the creative challenge of designing a fish perfectly adapted to life in the Great Barrier Reef. The students excelled, showcasing impressive creativity and scientific understanding by designing unique fish with clever adaptations to thrive in this diverse ecosystem.



#### Year 11: Cheese Judging Champions

A huge congratulations to our Year 11 Science in Practice students, who brought home **first and second place** in the EKKA cheese judging event for their exceptional blue Camembert creations. Their hard work and dedication have made our school proud!



As we wrap up the year, we celebrate the achievements and growth of all our students in Science. We can't wait to see what new discoveries await in the year ahead!

Enjoy the holiday season, and we look forward to an even more exciting 2025!

Lauren Garman

A/HoD | Science

## Sport News

### Moreton Bay Rugby Union

The U15's boys played in the 2024 Rugby Union Moreton Bay Cup in early term 4. The team played two games with a win against Murrumba SSC and a loss against Bray Park SHS. Thank you to Mr Ifrah for coaching the team and developing their Rugby Union Skills. We are so proud of the effort this team put in and their courage out on the field. For most players Rugby Union is an unfamiliar sport so it is great to see these boys trying out a new sport.



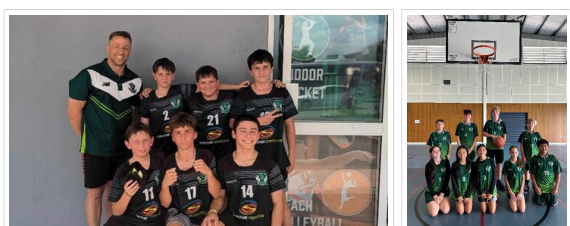
### Girls Morayfield Rugby League Gala Day

In week 4, girls in years 7-9 participated in a Rugby League nine-a-side gala day against Morayfield SHS and Bribie Island SHS. The focus for the day was to provide students an opportunity to develop their rugby league skills and have fun doing it with their friends. The day was filled with plenty of action and exciting footy. Ezmee S-F lead the way as the leading try scorer for the day, showcasing great strength and speed for some sensational plays. Christina L. was voted as the team MVP by former Brisbane Broncos player, Jack Reed. Jack was impressed with Christina's effort throughout all the games as well as her tackling technique.



### SEQ Gala Day Term 4

Students in years 7, 8, 9 & 10 represented Cab High at the term 4 South East Queensland Secondary Schools Gala Days. Students participated in Indoor Soccer, Basketball and Touch Football at a range of venues in the Moreton Bay Region. Students represented our school with Pride and displayed excellent sportsmanship. Not only was it fantastic to see students getting involved in school sport, we also had some fantastic results as well. Several teams making it to the finals for their sport and the Junior Boys Indoor Soccer team went undefeated to win their gala day.



### Sports Awards Night

Caboolture SHS Annual Sports Awards Night was held in Week 7. This was a night to celebrate all of our students' sporting success throughout the year. 2024 was a huge year for sport at our school with students participating at our three major carnivals, lunchtime competitions, gala days, Sports Academy and even Interschool Sport for Rugby League. The night started with the celebration of our carnival age champions as well as the house champions. Bribie Bulldogs were announced as the Overall House Champion as the highest points scorer from the three carnivals.

Over 300 students participated in gala days for Netball, Rugby League, Touch Football, Basketball, Soccer and AFL this year across a range of venues. Cab High had several teams being crowned champions for their competition.

This year we had over 100 students be part of our Sports Academy with Volleyball and Touch Football. Highlights for the Sports Academy this year included three Volleyball teams winning medals at the QLD Schools Cup, with the Senior Girls winning Gold. School Sport Representatives were acknowledged as well, 29 students represented South District at a regional trial and 12 students competed at State Championships with the Sunshine Coast Region.

A highlight of the night was our special guest, Paralympic Swimmer Brenden Hall. Brenden provided invaluable advice about overcoming challenges in sport and life and building resilience to overcome these challenges. Students enjoyed hearing stories of Brenden's time at the last three Paralympics. Brenden Hall was also on stage to help present awards throughout the night. A huge thank you to Brenden Hall for attending our night and sharing words of wisdom.

The finale of the night was the presentation of the Special Awards. These Awards were presented to students that accumulated the most points through school sport this year. Congratulations to all students that represented Cab High in sport this year and to our Special Award Winners.

Special Award Winners:

Overall House Champion – Bribie Bulldogs

Coach of the Year – Cameron Ifrah

Student Coach of the Year – Cristine R

Indigenous Sportsperson of the Year – Mikira L and Summer L

Sportsmanship – Gabrielle B

All Rounder – Jules Mc

Outstanding Achievement – Jacob L

Junior Sportswoman of the year – Ezmee S-F

Junior Sportsman of the Year – Dekota W

Senior Sportswoman of the Year – Madeline B

Senior Sportsman of the Year - Joshua B





[https://cabooltureshs.schoolzineplus.com/\\_file/media/3457/fact\\_sheet\\_swooping\\_birds.pdf](https://cabooltureshs.schoolzineplus.com/_file/media/3457/fact_sheet_swooping_birds.pdf)

## Caboolture Bus Lines Information for 2025

It is that time of year again where we look at Bus Passes for 2025.

Families with no changes to their residential address or school are not required to reapply.

The grade 6 students will all be dated off (no longer in the system) Translink's Bus Pass eligibility (STAS) as they will no longer be attending the same school. Should these families want their students to catch a school bus for high school they will need to reapply.

For all those parents with students who wish to commence using a school bus service in 2025, please see the Flyer **attached** for the School Transport Assistance Scheme (STAS).

[https://cabooltureshs.schoolzineplus.com/\\_file/media/3847/stas\\_online\\_flyer\\_translink\\_.pdf](https://cabooltureshs.schoolzineplus.com/_file/media/3847/stas_online_flyer_translink_.pdf)

If parents are wishing to speak to CBL our contact details are below:

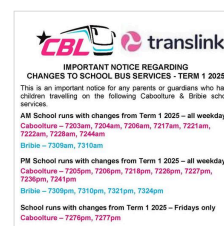
Email: [info@cbl.biz](mailto:info@cbl.biz)

Telephone: 07 5495 4744

Website: [www.cbl.biz](http://www.cbl.biz) (digital application link can be found here also)

## CBL School Run Changes for Term 1, January 2025

Caboolture Bus Lines have advised of changes to the following listed school run services will take effect from the beginning of Term 1, January 2025.



## Targeted Learning Centre

### Targeted Learning Centre: Celebrating Our Teachers' Dedication and Commitment

As we approach the close of another remarkable year, it's important to take a moment to recognise and celebrate the tireless efforts of our incredible teachers. Their commitment to student success and the positive relationships they build with both students and staff have been nothing short of inspiring.

Throughout the year, our educators have not only delivered high-quality instruction, but they've also gone above and beyond to create an environment where students feel supported, valued, and encouraged to grow. Their dedication to fostering a love for learning is evident in the passion they bring to the classroom each day. Whether it's through engaging lesson plans, extra help during targeted learning classes or creative ways to make learning fun, our teachers have found countless ways to reach and inspire our students.

Beyond academics, our teachers have played a crucial role in building meaningful relationships with students, creating a sense of community and trust. Their commitment to understanding the unique needs of each student, both inside and outside the classroom, has been foundational to helping students navigate the challenges of the school year.

Equally important is the supportive and collaborative spirit our teachers have shown within the staff community. Whether it's through sharing resources, offering advice, or working together to solve problems, their teamwork and camaraderie have been vital in maintaining a positive and productive work environment.

As we reflect on the year, we are reminded that our teachers are not just educators—they are mentors, role models, and advocates for the success of every student. Their unwavering dedication is the heart of our school's success, and we are truly grateful for their contributions.

On behalf of the Targeted Learning Centre, we want to extend our deepest appreciation to all of our teachers. Thank you for your hard work, your passion, and your commitment to helping our students succeed. We look forward to another year of continued growth and success together.

Wishing everyone a restful and well-deserved break as we prepare for the year ahead.

Happy Holidays!

Lisa Woodward

HoD | Student Services

## City of Moreton Bay - Swooping Bird Season

## Kangaroo Bus Lines Information for 2025

### Bus Passes & Go Cards:-

- It is a condition of Travel on Translink Services that a passenger must be in possession of a valid ticket or token for the entire journey.
- A passenger must not evade or attempt to evade paying the required fare for the intended journey
- Bus Passes can only be used during the school term on weekdays

### Vaping:-

- Passenger/s must not smoke (including electronic cigarettes) on/in a public passenger vehicle, public transport waiting point or a busway or light rail platform or railway signed as "No Smoking" area

### Getting off / Disembarking the Bus:-

- The Code of Conduct for School Students Travelling on Buses states that students are expected to disembark the bus in an orderly manner
- Waite in a safe location until the bus has moved away before deciding to cross the road
- Cross the road safely:-

\* Look to the right,  
left and right again

\* Make sure the  
roadway is clear

\* Walk...Don't Run

[https://cabooltureshs.schoolzineplus.com/\\_file/media/3848/2025\\_guide\\_for\\_bus\\_passes.pdf](https://cabooltureshs.schoolzineplus.com/_file/media/3848/2025_guide_for_bus_passes.pdf)

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