



DURATION OF SUBJECT	One Semester
FINANCIAL COMMITMENT	REFER TO PROPOSED FEE SCHEDULE
COURSE REQUIREMENTS	
Students will need to be willing to engage in a range of practical activities, with a particular focus on Touch Football and Basketball. It is expected that students wear a hat and sunscreen when participating in outdoor activities. Sunscreen will be provided if the student cannot provide their own.	
COURSE CONTENT	
UNIT 1	ASSESSMENT
Safety, Challenge and Adventure Activities and Game and Sport Students investigate strategies and practices that enhance their own, others' and community safety and wellbeing.	Project - Folio
UNIT 2	ASSESSMENT
Relationships, Sexuality and Lifelong Physical Activity Students evaluate strategies and resources to manage changes and transitions and investigate their impact on identities.	Project - Folio
CAREER PATHWAYS	
Students interested in Health and Physical Education may be interested in exercise science, biomechanics, the allied health professions, psychology, teaching, sport journalism, sport marketing and management, sport promotion, sport development and coaching.	
FIND OUT MORE	https://www.australiancurriculum.edu.au/f-10-curriculum/health-and-physical-education/

